

# Recommended Readings for Growing Up in a Family With Substance Use Disorder

By Peggy L. Ferguson, Ph.D.

[Understanding Addiction and Recovery Through A Child's Eyes: Hope, Help, and Healing For Families - Jerry Moe](#)

[Adult Children: The Secrets of Dysfunctional Families - John and Linda Friel](#)

[An Adult Child's Guide to What's Normal - John Friel](#)

[Bradshaw on The Family - John Bradshaw](#)

[Family Secrets - John Bradshaw](#)

[It Will Never Happen to Me \(ACA\) Claudia Black](#)

[Adult Children of Alcoholics: Expanded Edition - Janet G. Woititz](#)

[www.adultchildren.org](http://www.adultchildren.org)

**Note:** There are a number of new and used bookstores online. I have provided a link to Amazon for your convenience. If you purchase a book through Amazon by following one of these links, I may receive an affiliate's fee from Amazon.

Hubbard House Publishing and  
Transformational Endeavors  
[WWW.PEGGYFERGUSON.COM](http://WWW.PEGGYFERGUSON.COM)  
[WWW.TransformationalEndeavors.Online](http://WWW.TransformationalEndeavors.Online)  
[peggyferguson@peggyferguson.com](mailto:peggyferguson@peggyferguson.com)